



# PLEASE READ: I HAVE ALS



I cannot breathe when I lie flat. I use \_\_\_\_\_ to breathe. Do not give me O2 unless mask ventilation does not improve my O2 levels.

I understand what you are saying. I communicate using:  
\_\_\_\_\_.

I eat & take medications:

- Via mouth
- A thickened texture
- Via feeding tube

I have weakness or immobility in my:

- Legs
- Arms
- Neck
- Trunk

**ASK ME OR CALL MY CAREGIVER FOR MORE INFORMATION**

Name: \_\_\_\_\_ Phone \_\_\_\_\_